

# How is your Prayer life?

Would you like to increase your joy and happiness?

How? Simple, deepen your relationship with Jesus.

This is done by the grace of the sacraments and through prayer.

I have created a BLOG on the subject of Catholic prayer. The purpose of the “Stages of Prayer” BLOG is to help people improve their prayer life by:

1. Inspiring people to pray more
2. Teaching people how to pray
3. Providing a plan or curriculum on what to pray

How this is accomplished:

1. Researching and organizing the work of: current experts on prayer, popes, saints and the Catechism of the Catholic Church, into a small and easy to read document that will help you learn about prayer.
2. Reviews of prayer books ( this is done as BLOG posts)
3. Promoting devotion to the Sacred Heart of Jesus

The main feature is a 37 page document titled: “The Stages of Prayer”. This document describes (one possible) logical order of prayer, to help people learn “the art of prayer”, in a step-by-step sequence that will guide people to growth in their prayer life. This growth is categorized in “stages”: Casual, Comfortable, Committed and Deep. Within each stage there are two or more levels that refine the definition of a stage.

<http://stagesofprayer.wordpress.com>

The document's forward was written by Father Riccardo and the editors of the document were Father Acervo and Deacon Sullivan (all three from Our Lady of Good Counsel parish).

Note: I am not selling anything; the documents are free, although I do recommend many books that cost from \$7 to more than \$40. I also recommend many links in the internet that are free to read.